



**barressential**  
*luxury retreats*

*Your wellness journey starts here...*



*Indescribable Luxury*

*Scrumptious Cuisine*

*Rest & Unplug*

*Restorative Exercise*

*Sensational Vistas*

*Old Friends or New*

*Socialise or Hibernate*



*Cape Weligama*  
*by*  
*Resplendent*  
*Ceylon*

*2nd June 2018*  
*Rs. 17,500 per person*



*Cape Weligama.  
Synonymous with luxury.  
Shrouded in exclusivity.*

*Cape Weligama opens its doors to Barressential and leaves no stone unturned in furnishing our guests with the best of the best in luxury, service & cuisine.*

*Its exceptional location on the cliffs of Weligama provides beautiful vistas of the Indian ocean as the backdrop as we go through our day - from classes to meals to cocktails.*

*It is our absolute pleasure to partner with Cape Weligama for our one day Luxury Retreat!*

# *Lunch by the Ocean*



# *Price includes:*

- *Pre-Retreat Assessment*
- *Roundtrip Transport*
- *Welcome Canapés*
- *4 Course Gourmet Lunch*
- *1 60 mt Barre Class*
- *1 45 mt Pilates Class*
- *Juices All Day*
- *Full English Afternoon Tea*
- *Sunset Cocktails*
- *Full Use of Resort facilities*







*Cocktails at Sunset*

*Service with a Smile*



# *Afternoon Tea with a View*







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*hello@barressential.com to book*